



July 2009

Practice Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Swim 8-10am Water Polo MS 4:30-5:30pm HS Boys 5:30-7 HS Girls 7-8:30	2 Swim 8-10am	3	4
5	6 Swim 8-10am Water Polo MS 4:30-5:30pm HS Boys 5:30-7 HS Girls 7-8:30	7 Swim 8-10am WP Summer League 5-8pm	8 Swim 8-10am Water Polo MS 4:30-5:30pm HS Boys 5:30-7 HS Girls 7-8:30	9 Swim 8-10am WP Summer League 5-8pm	10 CFS Tournament @ WPHS	11 CFS Tournament @ WPHS
12 CFS Tournament @ WPHS	13 Swim 8-10am Water Polo MS 4:30-5:30pm HS Boys 5:30-7 HS Girls 7-8:30	14 Swim 8-10am WP Summer League 5-8pm	15 Swim 8-10am Water Polo MS 4:30-5:30pm HS Boys 5:30-7 HS Girls 7-8:30	16 Swim 8-10am WP Summer League 5-8pm Boys CA	17	18
19	20 Swim 8-10am WP(ALL) 6-8pm Boys CA	21 Swim 8-10am WP Summer League 5-8pm	22 Swim 8-10am WP(ALL) 6-8pm	23 Swim 8-10am Water Polo: Middle School 5-6 High School 6-8 Girls CA	24	25
26	27 Swim 8-10am WP(ALL) 6-8pm Girls CA	28 Swim 8-10am	29 Swim 8-10am WP(ALL) 6-8pm	30 Swim 8-10am Girls JO's	31	